

Shelly's

TAP AND GRILL

WHERE *Good Times* HAPPEN!



FRUIT SELECTIONS

Fruit Platter 8.95

A platter of assorted sliced melons and berries served with cottage cheese or yogurt.

Good Morning Parfait 7.95

Layers of fresh berries, yogurt and granola together with your choice of bagel or toast.

Lifestyle Breakfast 9.95

Choose from a selection of cereal or hot oatmeal. Accompanied by banana slices or fresh fruit and bagel or toast.

CLASSIC BREAKFASTS

The Sunrise 6.95

A single egg any style with your choice of two strips of bacon or two sausages or two slices of Canadian back bacon and three pancakes or hash browns and toast.

Eggscitement 7.95

Two eggs any style with two strips of bacon, two sausage or two slices of Canadian back bacon, with three pancakes or hash browns and toast.

Classic Country Breakfast 9.95

Three eggs, two strips of bacon or two sausages or two slices of Canadian back bacon with three pancakes or hash browns and toast.

Sirloin Steak and Eggs 12.95

A 6oz grilled sirloin steak served with two grade "A" eggs any style, together with three pancakes or hash browns and toast.

Great Morning Breakfast 9.95

Two grade "A" eggs any style with two potato pancakes topped with corned beef hash and cheddar cheese. Served with sour cream.

The Extreme Breakfast 9.95

Half a Belgian waffle and one piece of French toast served with two grade "A" eggs any style and your choice of two strips of bacon or two sausages.

FROM THE GRIDDLE

Homestyle Pancakes

Choose from buttermilk or multi-grain.

Three Pancakes 6.29

Five Pancakes 7.95

Classic French Toast 7.95

Three slices of thick bread dipped in a cinnamon infused egg dip and finished on the griddle.

Potato Pancakes 7.95

Four European style potato pancakes served with sour cream and apple sauce.

OMELETTES

All of our three egg omelettes are served with your choice of three pancakes or hash browns and toast.

Classic Western 10.39

Ham, sautéed onions and diced red and green peppers with Monterey Jack cheese.

Colossal 10.55

Ham, diced tomatoes, sautéed onions, red and green peppers topped with two strips of bacon and marble cheddar cheese.

Southwestern 10.55

Spiced beef or chicken, sautéed onions, tomato, red and green peppers topped with Monterey Jack cheese. Served with salsa and sour cream.

Mediterranean Vegetable 10.95

Roasted red pepper, asparagus, green onion, spinach and goat cheese.

Build Your Own Omelette 9.95

Choose two fillings from the following:

Sliced Green Onion	Broccoli & Cauliflower
Diced Red & Green Pepper	Diced Ham
Diced Tomato	Diced Sausage
Mushrooms	Diced Peameal Bacon

And finish it with your choice of marble cheddar or Monterey Jack cheese.

BELGIAN WAFFLES

Belgian Waffle 6.95

Shelly's traditional Belgian waffle served with butter and syrup.

Bacon & Egg Waffle 9.95

Our traditional Belgian waffle served with two eggs any style and your choice of two strips of bacon or two sausages or two slices of Canadian back bacon.

Fresh Fruit Waffle 8.95

A traditional Belgian waffle topped with fresh berries and yogurt.





BREAKFAST SPECIALTIES

Corned Beef Hash 9.95

Shelly's special recipe of a traditional favourite served with two grade "A" eggs any style with three pancakes or hash browns and toast.

Eggs Benedict 9.89

Just as you remember! Two poached eggs, Canadian back bacon and creamy Hollandaise sauce on a toasted English muffin. Served with a fresh fruit cup or hash browns.

Smoked Salmon and Eggs 9.95

Traditional smoked salmon served with two grade "A" eggs any style, crisp garden greens and a toasted bagel with cream cheese.

Smoked Salmon Breakfast Platter 12.95

Enough for two! Slices of smoked salmon, minced red onion, capers and tomato slices, served with cream cheese and toasted bagels.

Sunrise Crepe 8.95

A classic French crepe filled with two scrambled eggs sautéed green onions, mushrooms and cheddar cheese served with hash browns and toast.

Fresh Fruit Crepe 7.95

Two French crepes filled with berries and topped with whipped cream.

Dantes Inferno 10.95

A Southwestern inspired recipe comprised of seasoned ground beef sautéed with spicy tomato sauce, jalapeno peppers, diced tomatoes, onions and two Sunny Side Up eggs served in a skillet.

SIDE ORDERS

Thick Sliced Toast	2.35
English Muffin	2.55
Toasted Bagel	2.55
Bagel with Cream Cheese	2.95
Hash Browns	2.95
Bacon (4 strips)	3.45
Sausage (4 links)	3.45
Canadian Back Bacon (4 slices)	3.95
Corned Beef Hash	3.45
One Grade "A" Egg	1.45
Sliced Banana	1.95
Fruit Cup	4.25
Yogurt (see daily selections)	1.95
Cottage Cheese	1.95
Cereal (see daily selections)	2.95
Hot Oatmeal	3.95
Substitute French Toast or Potato Pancakes	2.95
Triple Berry Fruit Topping	1.95

SHELLY'S SKILLETS

All skillets are prepared with three scrambled eggs on a layer of hash browns with two slices of toast.

Western Skillet 10.55

Diced red and green peppers, sautéed onion and diced sausage topped with creamy Hollandaise sauce.

Garden Skillet 9.95

Broccoli, cauliflower, mushrooms, green onion and diced tomatoes topped with marbled cheddar cheese.

Meat Lovers Skillet 10.95

Diced Canadian back bacon, sausage and green onion finished with two strips of bacon and marbled cheddar cheese.

Steak Skillet 12.95

6 oz's of sliced sirloin steak with sautéed mushrooms and onions and topped with marbled cheddar cheese.

BREAKFAST SANDWICHES

BLT 5.95

Smoked bacon, crisp lettuce, and fresh sliced tomatoes on your choice of toast or bagel.

Western 6.95

Scrambled eggs, diced ham, onions and sweet peppers on your choice of toast or bagel.

Breakfast Biscuit 8.95

Oven-warmed buttermilk biscuit split and topped with two eggs, sausages, gravy and shredded cheese. Served with hash browns.

BEVERAGES

Juice 2.75 / 3.25

Orange, apple, cranberry, pink grapefruit, tomato, clamato.

Milk 2.65 / 3.25

2% white or chocolate.

Coffee* 1.95

Fresh brewed, regular or decaf.

Espresso 1.95

Cappuccino 3.25

Tea 1.95

Hot orange pekoe or herbal teas.

Soft Drinks* /Iced Tea* 1.95

*Complimentary refills.

Hot Chocolate 2.25

Smoothies 4.55

Strawberry, raspberry, or wildberry.

Bottled Water 2.25

Aquafina (500ml bottle)

Milkshakes 4.55

Chocolate, strawberry, or vanilla.





SHELLY'S TAP & GRILL

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